



Hule Tarot Spread

North



West



South



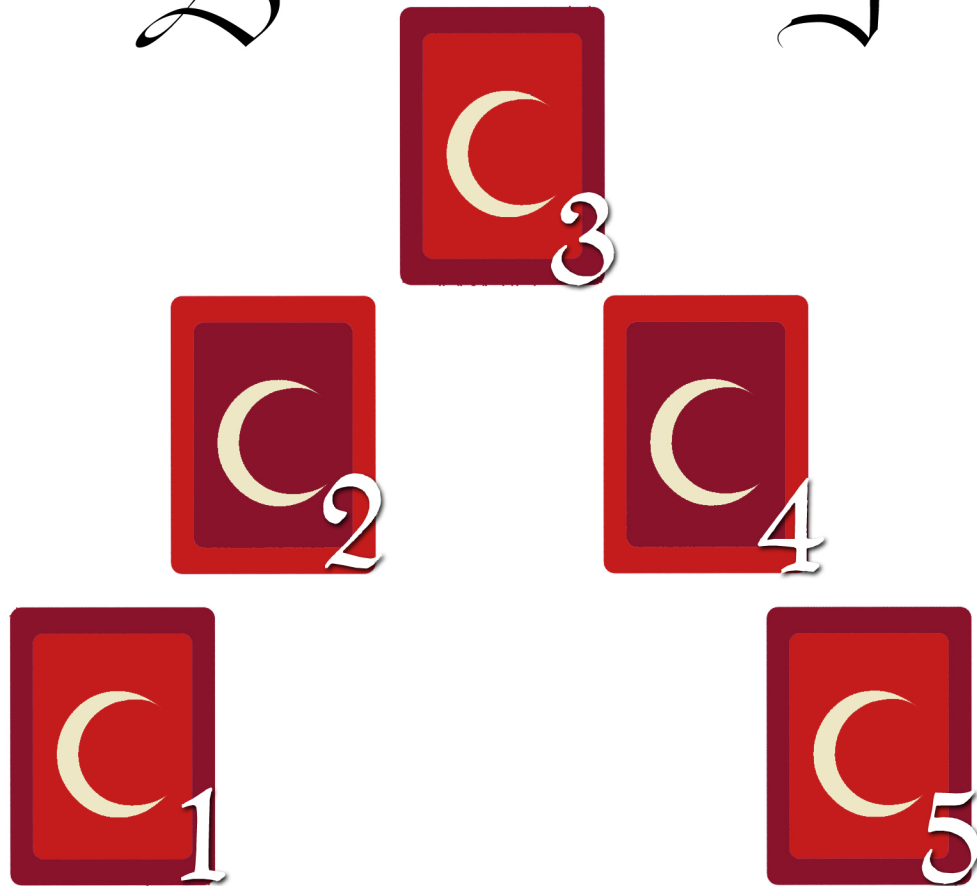
East



North - What do my ancestors want me to know?
South - What should I celebrate?
East - What is the best direction for me to take?
West - What can I let go of?



Letting Go Tarot Spread

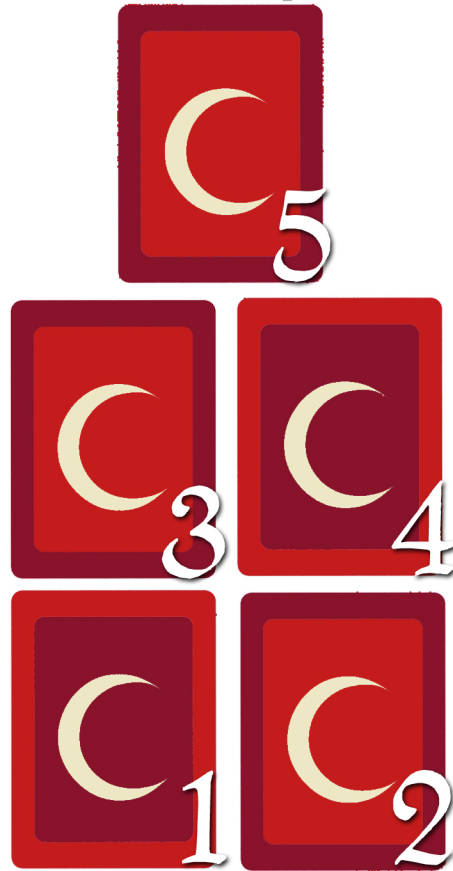


These cards will help you with your shadow and letting go:

1. What does the darkness reveal within my shadow self?
2. What do I need to let go of?
3. How does my shadow keep me from letting this go?
4. Who can I turn to for support?
5. What light can come from this darkness? What can I learn?

Meditate and visualize your shadow self sitting with you. Your shadow is your darkness, your inner qualities that are not so great. However, this shadow is a part of you. You cannot learn from it by ignoring it. Dig deep for this letting go spread and allow yourself to connect on a subconscious level.

Growth & Adventure Tarot Spread



This spread will help you look toward the lighter days:

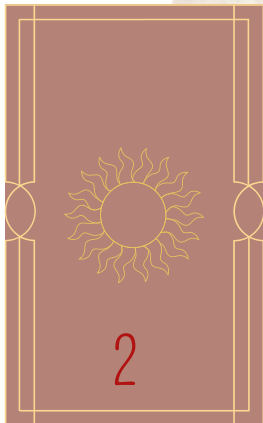
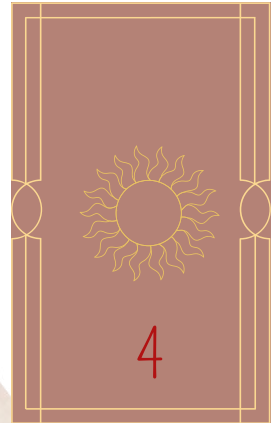
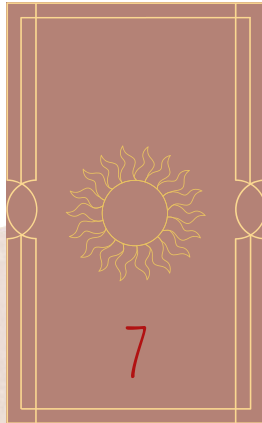
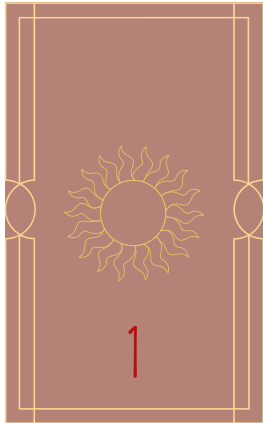
1. What area of my life should I nurture?
2. What new adventures await me after the dark of winter?
3. How can I act daily to bring about these new adventures?
4. What risks should I take to bring positive change?
5. What obstacles will I find in my way?

Find a quiet space where you can journal your answers. Clear your mind of any negative thoughts or limiting beliefs before you begin.

You want to be fully ready to receive positive messages about your future!

Yule

Tarot Spread "The Rebirth of the Sun"



1. Significator
2. Dark Night. What you need to let go of.
3. First Light. What will be a spark, reason for change.
4. Birth of Light. What should you invite into your life.
5. Rebirth of the Sun. How will the future unfold.
6. Advice from the Universe.
7. Transformation. What can you expect to change.
8. Outcome. Something new that is coming your way.

